

Winter Training Times/Days by Team

Team	Coach	Day/Time	Facility	Area	Notes
U8	Spike	Wednesday / 6.30 to 7.30	Gym	Whole gym	
U9 (both)	Rob, Paul, Gavin	Tuesday / 6.30 to 7.30	Astroturf	Half pitch	
U10	Steve H, Pete	Thursday / 6.30 to 7.30	Astroturf	Quarter pitch	
U10 Saints	Steve C, Ben	Thursday / 6.30 to 7.30	Astroturf	Quarter pitch	
U11	James	Wednesday / 5.30 to 6.30	Astroturf	Half pitch	
U11 Saints	Michael, Mark	Thursday / 7.30 to 8.30	Astroturf	Half/Quarter pitch	Half pitch every third week
U11 Girls	Matt	Tuesday / 7.30 to 8.30	Astroturf	Quarter pitch	
U12	Nick, Andy	Tuesday / 7.30 to 8.30	Astroturf	Quarter pitch	
U13	Martin, Gordon	Monday / 6.00 to 7.00	Astroturf	Half/Quarter pitch	Half pitch every third week
U13 (2)	Martin, Gordon	Thursday / 7.30 to 8.30	Astroturf	Half/Quarter pitch	Half pitch every third week
U13 Saints	Ben	Monday / 6.00 to 7.00	Astroturf	Half/Quarter pitch	Half pitch every third week
U13 Saints (2)	Ben	Tuesday / 6.30 to 7.30	Wadhams Hall	Whole area	
U14	Nick	Monday / 6.00 to 7.00	Astroturf	Half/Quarter pitch	Half pitch every third week
U14 (2)	Nick	Thursday / 7.30 to 8.30	Astroturf	Half/Quarter pitch	Half pitch every third week
U15	Rob, Tony	Monday / 7.00 to 8.00	Astroturf	Quarter pitch	
U16	Nick, Simon, Graham	Monday / 7.00 to 8.00	Astroturf	Quarter pitch	
U16 (2)	Nick, Simon, Graham	Thursday / 8.30 to 9.30	Astroturf	Half pitch	
U17	Keith	Tuesday / 7.30 to 8.30	Wadhams Hall	Whole area	